

The National Childbirth Trust Winchester and District Branch

Yes I'd like to help!

Please tick anything you would like to find out more about, with no commitment. You may be able to help on a regular basis or just occasionally. Any help is always very welcome.

Have you ever thought of hosting:

A first timers group?	
A birthday group?	
A tea date in your area?	

Or Perhaps you could be an:

Area Contact?	
Newsletter Distributor?	

Would you like to help with fund raising?	
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Please indicate if there is anything in particular you may like to help with?

The 'nearly new sales'?	
The outdoor theatre fundraising event?	
Could you help organise and host social events?	

There are many ways you could get involved. Here are a few ideas.

Are you interested in coming to a committee meeting?	
Would you like to organise antenatal classes?	
Could you contribute to the newsletter?	
Perhaps you could be available to help with small one-off tasks?	
Could you represent the NCT and local parents with local health services?	
Could you offer support to new NCT members?	

Perhaps you may be interested in training as:

An antenatal teacher?	
A breastfeeding counsellor?	
A Postnatal discussion leader?	

Would you like to speak to someone to find out more?	
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Is there anything else you would like to do – or skills you have to offer?

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Have you any comments on the Winchester NCT or do you have any ideas for improvement?

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Name:	Telephone No.
Address:	E-mail address:

Please return the completed form to: NCT Winchester and District Branch, Yes I'd like to help!, c/o 80 Fairfield Road Winchester SO22 6SG or email to enquiries@winchester-nct.org.uk